

WEEK 1

SPRING/SUMMER 2024

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

HOT SPECIALS	Chow Mein Plant Noodles	Beef Lasagne with Garlic & Herb Bread	BBQ Chicken with Roast Potatoes and Gravy	Tomato and Herb Pasta Bake	Breaded Fish Fingers Or Classic Beef Burger with Chips
	Freshly Prepared Cheese and Tomato Pizza with Potato Wedges	West African Vegetable Jollof Rice	Vegetable Pastry Slice with Roast Potatoes and Gravy	Chilli non Carne with Wholegrain Rice and Crispy Tortilla	BBQ Quorn Fillet with Chips
SCHOOLS CHOICE	Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Salmon & Tuna Mayo or Filled Sandwich/Baguette				
VEG SIDES	Sweetcorn Peas	Green Beans Carrots	Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Peas
SALAD	Pasta Salad, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Peppers, Tomato, Cucumber, Lettuce	Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Bowl	Organic Yoghurt & Fresh Fruit Salad	Organic Yoghurt & Fresh Fruit Slices
	Carrot & Orange Slice & Fresh Fruit Slices	Chocolate Cake with Chocolate Sauce	Cheese & Crackers with Fresh Apple Slices	Original Flapjack & Fresh Fruit Slices	Strawberry Ice Cream & Shortbread

Water, Organic Milk & Freshly Baked Bread available daily
 We offer medical diet and allergen support, please speak to your school office in the first instance.
 Vegetables & Fruit are subject to seasonal variation. Menu is subject to availability and individual school changes.

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice Vegan

WEEK 2

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese Pasta	Beef Bolognese with Wholewheat Pasta	Roast Turkey with Roast Potatoes and Gravy	Creamy Vegetable Pie with New Potatoes and Gravy	Breaded Fish Fingers Or Lemon & Herb Chicken with Chips
	Vegetarian Sausages with Mashed Potato and Gravy	Mexican Vegetarian Burrito with Wholegrain Rice	Roast Quorn with Roast Potatoes and Gravy	Spanish Vegetable Rice	Vegetarian Burger with Chips
SCHOOLS CHOICE	Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Salmon & Tuna Mayo or Filled Sandwich/Baguette				
VEG SIDES	Sweetcorn Peas	Green Beans Carrots	Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Peas
SALAD	Pasta Salad, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Peppers, Tomato, Cucumber, Lettuce	Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Bowl	Organic Yoghurt & Fresh Fruit Salad	Organic Yoghurt & Fresh Fruit Slices
	Chocolate Cookie & Fresh Fruit Slices	Banana Cake & Fresh Fruit Slices	Strawberry Frozen Yoghurt & Fresh Fruit Slices	Apple Crumble with Custard	Orange Shortbread with Chocolate Ice Cream

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WEEK 3

SPRING/SUMMER 2024

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

HOT SPECIALS	Vegetable Biryani VE	Sausage Pasta Bake with Garlic and Herb Bread	Roast Chicken with Roast Potatoes and Gravy	Sweet Chilli Vegetable Noodles	Breaded Fish Fingers Or Jerk Chicken with Chips
	Freshly Prepared Cheese and Tomato Pizza with Potato Wedges	Cheese and Onion Pasty with New Potatoes and Gravy	Vegetarian Cottage Pie with Gravy VE	Meatless Balls in Tomato Sauce with Pasta	Crispy Quorn Nuggets with Chips
SCHOOLS CHOICE	Freshly Made Tomato Pasta or Topped Jacket Potato with Cheese, Coleslaw, Beans or Salmon & Tuna Mayo or Filled Sandwich/Baguette VE VE				
VEG SIDES	Sweetcorn Peas	Green Beans Carrots	Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Peas
SALAD	Pasta Salad, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Peppers, Tomato, Cucumber, Lettuce	Cous Cous Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Bowl	Organic Yoghurt & Fresh Fruit Salad	Organic Yoghurt & Fresh Fruit Slices
	Chocolate Brownie with Fresh Fruit Slices VE	Pineapple Upside Down Cake with Custard	Orange Jelly with Fresh Fruit Slices VE	Apple & Cinnamon Cake with Fresh Fruit Slices VE	Oatie Cookie with Mango Frozen Yoghurt

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